

Most of the most helpful music and videos for me on my EMOTIONAL & SPIRITUAL HEALING JOURNEY

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Throughout my life I have learned, memorized, and been captivated by numerous marvelous old hymns and contemporary songs. There are many songs I love that I have not listed here. But these are some of my all-time favorites written up when I first put my website together. Occasionally, I will update this list.

I have listed these songs with their composers so that if you are looking for excellent music, you can go to iTunes or YouTube and find individual songs that will encourage your heart and lead you into a deeper closeness with Jesus and His Father through the presence of the Holy Spirit.

My favorite songs I listened to on my healing journey

Bring his healing to the nations (Bob Fitts) A big vision. Mine, too!

Brokenness (David Meece on *In a Lifetime*) I sobbed many times as I listened to this song about coming to the Lord in worship when my heart was in pieces. I did not have a clue on how to find healing. It was all up to the Father!

Cinderella (Steven Curtis Chapman on *This Moment*) Steven has given us a snapshot of the preciousness of life with our children. What a beautiful picture of a good earthly father and also of our Father in heaven who has time for us and loves us.

Covenant Keeper (Twila Paris on *The Warrior is a Child*) God is faithful, even when we are not faithful to Him.

Forgiving Eyes (Michael Card, on *Scandalon*) I need his mercy!

Gentle Healer (Michael Card, on *Scandalon*) Profound and quiet. I love his classical style.

God Will Make a Way (Don Moen on *God Will Make a Way*) *I love this song. Yes, God WILL make a way!*

He is Able (Rory Noland & Greg Ferguson) Great to sing when I'm discouraged.

Healed (Nicole Nordeman on *woven & spun*) Nicole is a wonderful lyricist!

Healing in This House (Lisa & David Binion, on *Highest Praise*) Yes!

His Eyes (Steven Curtis Chapman, on *Real Life Conversations*) A powerful song about the eyes of Jesus. I first heard this when Steven played live at Marriotts years ago. I went to hear him twice and cried both times. Amazing song! How Jesus loves us!

I Am (Nicole Nordeman on *woven & spun*) A friend played me this song and I cried. So wonderful to be able to trust a loving God when all around us seems hopeless!

I Am the God That Healeth Thee (Don Moen) A wonderful confirmation of God as healer.

I Quietly Turned to You (Regan Courtney & Buryl Red) from the musical *Celebrate Life!* (*I played the cello in this musical and was deeply touched by this moving song sung by the woman healed by Jesus from a flow of blood for 12 years. It spoke to my heart because I had so many illnesses and pain so frequently. Start about 1:48 to hear the song at <https://www.youtube.com/watch?v=V5Vw2gvAgKo>*)

I Will be Here (Steven Curtis Chapman on *More to This Life*) So beautifully put—commitment for life to love his wife and be there for her in the seasons of life—no matter what!

I Will Rain Upon Your Desert (Sharon Daugherty) A beautiful song of hope and healing! (I heard this beautifully sung in a church I was visiting once and have enjoyed singing this on several occasions. It ministers to those who are hurting.)

If You Were Mine (Fernando Ortega on *This Bright Hour*) The words that caught me were “If you had a bad dream, I would jump inside it and I would fight for you with all the strength that I could find...” That’s what I needed—someone or people who would listen and share my grief and help bring me to the other side of it. Thank God for the many people who have helped me along my journey!

In His Time (Diane Ball) I have sung this many times because it reminds me that God is making me beautiful in HIS time. It gives me patience to wait and hope.

Inside Out (David Meece on *In a Lifetime*) Great description of changing from the inside to the outside so we live authentic lives.

Jesus, King of Angels (Fernando Ortega on *the breaking of the dawn*) Jesus is King!

Joni’s Waltz (Joni Eareckson Tada on *Joni’s Song*) The first time I heard Joni sing this on *Focus on the Family*, I cried. So touching! For all of the physical and emotional handicaps I have had in this life and to think of Joni with her extreme limitations, I so look forward to heaven where we are not encumbered by earth’s tragedies and sorrows!

No Other Love (Graham Kendrick) Simple and powerful.

O Lord, You’re Beautiful (Keith Green) I love to sing of the beauty of the Lord.

O Lord, Your Tenderness (Graham Kendrick) His tenderness does change me from bitterness and unworthiness into His beauty.

Precious Child (Andy Park) Awesome song of the heavenly Father choosing us, calling us by name, and being steadfast in His love!

Precious in His Sight (Todd Proctor, on *1-8-0*) We are His precious children!!

Redeemer (Cindy Rethmeier) “And yet You call me loved one, You even call me chosen, You cherish me...” Wow! Very healing.

Something Beautiful (William & Gloria Gaither) Simple on how we can bring all our brokenness to Jesus and He makes “something beautiful of my life”. Praise Him!

Spirit of the Living God (Daniel Iverson) What an awesome prayer inviting the Holy Spirit to come!

Spirit Song (John Wimber) An invitation to be touched and loved by the Spirit in all our pain and tears.

Stained Glass (Keith Green) Amazing imagery.

Such Love (Graham Kendrick) The first time I heard Graham sing this at the Anaheim Vineyard, I was breathless. It was sooo beautiful! Just washed over me!

The Battle Belongs to the Lord (Jamie Owens-Collins) Yes, Lord! You will win!

The Child Inside You (Twila Paris)

The Father’s Chair (David Meece on *In a Lifetime*) I cried many times through this song...although I didn’t have an “absent” father, I needed the deep and welcoming love of my Father in heaven to sooth my wounded heart.

The Heartache No One Sees (Sheila Walsh on *The Best of Sheila Walsh*)

The Tower (Annie Herring on *Here is my heart*) A creative way of expressing how the enemy of childhood hurts us, tried to destroy our dreams and puts lies into our hearts. Then God speaks and unlocks our chains, He gives us hope and purity.

What Love Really Means (JJ Heller)

White as Snow (Leon Olguin) Beautiful lyrics reminding us we are washed clean with the blood of the Lamb.

Who You Say I Am (B. Fielding, R. Morgan)

You Say (J. Ingram, Lauren Daigle, P. Malbury)

WORSHIP SONGS that draw me into the presence of the LORD:

- Above All* (by Lenny LeBlanc & Paul Baloche, sung by Michael W. Smith *on Worship*)
Jesus is above all principalities and rulers and authorities and thrones and dominions forever and ever and ever. *Amen!*
- Ancient of Days* (Ron Kenoly in *Lift Him Up*) *Wonderful praise!*
- Beautiful* (Dennis Cleveland) *Simple, sweet, hopeful.*
- Draw Me Close* (Michael W. Smith *on Worship*) *Don't we all want to be closer to God? Surrender is the key...*
- El Shaddai* (Amy Grant) *I recall exactly where I was on the freeway when I first heard this song. It took my breath away it was so gorgeous.*
- Great is the Lord* (Michael W. Smith & Deborah E. Smith) *Wonderful praise song!*
- Here I am to Worship* (Tim Hughes) *So many true and beautiful thoughts...*
- Holy Ground* (Christopher Beatty & Geron Davis) *A wonderful expression for a holy moment.*
- How Deep The Father's Love For Us* (Stuart Townend) *This song is a beautiful and powerfully spoken expression of the heart of the Father for us.*
- How Great is Our God* (Chris Tomlin) *This song helps me "see" into the heavens and His Lordship throughout all time.*
- I Can Only Imagine* (By Bart Millard, sung by *Mercyme*) *I love to dance to this!*
- I Stand in Awe* (Mark Altrogge) *Beautiful!*
- In Christ Alone* (Stuart Townend & Keith Getty) *What powerful lyrics of Christ our hope!*
- In Moments Like These* (David Graham) *A simple and beautiful love song to Jesus.*
- Isn't He?* (John Wimber) *So lovely, simple, profound, quiet.*
- Jesus, Draw me Close* (Rick Founds) *Sweet prayer to be closer to Him.*
- Jesus, Lover of My Soul* (Daniel Grul, John Ezzy, Steve McPherson) *A great favorite. We sang this one in the juvenile halls with the young men.*
- Lamb of God* (Twila Paris) *Awesome. Amazing, how she first talked about Jesus as the Lamb of God and then ended with us as His washed lamb.*
- Magnify* (Sandy Patti) *A great praise song. What an amazing voice!*
- Majesty* (Jack Hayford) *Yes, Jesus, we worship You as King!*
- Mary Did You Know?* (Mark Lowry & Buddy Green) *The words are fantastic here and I love to sing this for Christmas with just my guitar. Truth put in such a creative way!*
- Meekness and Majesty* (Graham Kendrick) *Awesome words about God!*
- My Beloved* (Kari Jobe & Klaus Kuehn) *I bask in her song on YouTube. Brings me right to the Father.*
- Refiners Fire* (Brian Doerksen *on Today*) *Make us holy, Lord!*
- Revelation Song* (Jennie Lee Riddle sung by Kari Jobe on YouTube) *An awesome song that brings me into the throne room of the King.*
- We will worship the Lamb* (Annie Herring) *Yes, it's all about HIM!*
- You Are My All In All* (Dennis Jernigan *on You Are My All In All*) *Amazing song. Beautiful when men sing the verses and women sing the chorus or vice versa.*
- We Will Glorify* (Twila Paris) *Powerful worship song.*
- We Will Worship The Lamb of Glory* (Dennis Jernigan) *What a wonderful song exalting the Lamb of Glory and King of kings!*

Favorite Hymns:

They are wonderful and have been treasures to me during my childhood and to the present. I began to memorize the great hymns in junior high when I learned guitar, so I could focus on playing the chords. It's wonderful to be able to walk or drive and sing a song without having the words. I was asked to play for a junior high Bible study on a ship as my family traveled to India when I was 12 years old.

When my son was in 6th grade in a little, private, Christian school, the teacher asked if I would teach the children one complete hymn a month. She designed the monthly devotionals around each hymn. Precious! I've also taught hymns to young children in churches. That way, when they go into the church services, they will be able to participate.

A favorite story I heard was about a little two year old who had attended a class where I taught children hymns. During a hospitalization, she was afraid. Her mother asked her what she wanted to do. She said, "Let's sing *Holy, Holy, Holy.*" For an hour they sang this hymn. How touching! It showed me that teaching little ones to enter into the presence of the Lord is essential and has many benefits in their lives—not just years down the road!

Joyful, Joyful We Adore Thee (I sing this almost every morning. A wonderful way to start the day! The more I sing this the more I am in awe of the conciseness and beauty of the lyrics.)

Praise to the Lord the Almighty (I often sing this in the morning as well. A great praise song!)

I Sing the Mighty Power of God (Another great morning starter!)

Proclaim the Glory of the Lord (My other morning song where I can praise the Lord. I love the chorus "Let every tribe on every shore proclaim the glory of the Lord"

Fairest Lord Jesus (I taught this to my 3-4 year olds and they memorized all the verses. A wonderful praise to God for His creation and person! So well crafted.)

A Mighty Fortress is our God (A powerful declaration of the supremacy of Christ Jesus our Lord.)

All Hail the Power (Such a vibrant declaration that Jesus is Lord! I love "Let every kindred, every tribe, on this terrestrial ball..." We shall all bow before His throne some day with all the nations of the world gathered. What a sight!)

I'd Rather Have Jesus (One of the solos I've sung in church. A marvelous song of yielding to Jesus on every level and seeing only Him as the things we think we want fade away.)

Amazing Grace (I sing this at the gym in the locker room and women love it.)

What a Friend we Have in Jesus (A long-time favorite. Jesus is always there for us no matter what happens to us or what friends may desert us.)

God is Working His Purpose Out (Ainger & Shaw) (Brent, my husband, and I sing this as a canon without accompaniment. Powerful lyrics!)

Great is Thy Faithfulness It is always good to remember God's faithfulness.

Have Thine Own Way, Lord! What a beautiful prayer of surrender!

How Great Thou Art A marvelous summary of God's greatness in nature and the cross to His future return.

O the Deep, Deep Love of Jesus (What a marvelous picture of the love of Jesus as waves washing over and through us!)

Only by Grace (Gerrit Gustafson) A wonderful reminder of His grace in our weakness!
Take My Life (A lovely prayer of surrender.)
When I Survey the Wondrous Cross What amazing lyrics that express the “sorrow and love...mingled” together because Jesus loved us sooo much. Wow!

Then there are all the wonderful Christmas carols and patriotic songs where God is honored and praised...

My Favorite Christian Music Artists and Albums:

By composer:

Annie Herring: *All That I Am, Here in My Heart, There’s a Stirring* Joyful and hopeful.

Bob Fitts: *He Will Save You, Proclaim His Power* I attended a Songwriting conference at Mount Hermon a number of years ago where Bob led the singing. He had us all gather around the piano and worship. The Holy Spirit touched me and did a lot of healing there.

Brian Doerksen: *Today* I sat in on a day long songwriter’s workshop with Brian and was impressed by his humility, vulnerability, honesty, and practical suggestions for our relationship with God and songwriting. Out of our suffering comes some of our best creative work!

David Meece: *Once in a Lifetime*

Dennis Jernigan: *We Will Worship, You Are My All in All*

Evie: *When All is Said and Done*

Graham Kendrick: *We Believe, Songs: Knowing You, Such Love, No other Love, The Servant King, O Lord, Your Tenderness* etc. From the first time I heard Graham lead worship at a Vineyard conference in Anaheim, his music has filled our home. He always writes powerful truth in fresh ways with melodies that capture my heart.

John Fisher: *Cold Cathedral, Still Life, Naphtali, Have You Seen Jesus My Lord?* One summer my sister counseled at Ponderosa in Mount Hermon. We visited her and she had John Fisher play for us *Road of Life* (1969?). I was hooked. His early songs were part of the new Christian folk wave of the 70’s that changed music forever. His lyrics and songs shaped my writing and playing.

Keith Green: *No Compromise* I was so sad when Keith died suddenly in an airplane accident years ago. I had heard him in concert and was deeply touched by his music.

Michael Card: *Scandalon* and many others. Great classical blend of truth and story! His creativity to use a classical form gave me courage to produce my music the way I felt in my heart.

Nicole Nordeman: *woven & spun* Fresh and great lyrics!

Sheila Walsh: *The Best of Sheila Walsh* You may want to listen to her story of God’s healing and redemption.

Steven Curtis Chapman: *Real Life Conversations* etc. Great words and melodies.

Todd Proctor: *1-8-0* My sons went to a conference where he sang. As we listened to the tapes they brought back home, I got hooked on his songs.

Twila Paris: *Kingdom Seekers, Same Girl, The Warrior is a Child; House of Worship; Cry for the Desert* Twila is one of my all-time favorite songs writers of beautiful worship songs. She has such a lovely spirit. I have cried through 2 or 3 of her concerts. The Holy Spirit it there to touch and heal!

Albums:

Firm Foundation (Outstanding healing songs/scriptures of the cross, faith, and hope, led by John Chisum, produced by *Hosanna! Music*) [I listened to this over and over again...](#)

Hymns Triumphant (Wonderful hymns! I play this anytime.)

Majesty (Instrumental Praise with piano, flute and orchestra)

String Heaven (quiet worship by *The Kings Chamber Orchestra*)

Vineyard Music [The individual songs are too numerous to list. I listened over and over to many of the tapes years ago about the Father's love and mercy as I was healing. His love washed over me for hours and hours.](#)

For those healing from infant or early childhood wounds:

Bedtime prayers (Twila Paris)

Lullabies: Close your eyes (Discovery House Music)

Songs I love to do interpretive worship dance to:

How Beautiful (Twila Paris)

Shout to the Lord ((Darlene Zschech on Hillsong: *Simply Worship* and *Shout to the Lord*, Hosanna! Music)

Teach me to Dance (Graham Kendrick)

We Will Dance (David Ruiz on *every move I make*)

FAMOUS VIDEOS DEPICTING HEALING

Angel Eyes (a man in a car accident [Jim Caviezel] connects with the woman officer [Jennifer Lopez] who saved his life and they each heal from their past as they become more vulnerable with each other)

Quigley Down Under (shows the slow healing of a traumatized and abandoned woman as someone protects and cares for her, [Tom Selleck])

Nell (a doctor [Liam Neeson] watches an "emotionally ill" woman [Jodie Foster] and sees her in a new light, then gently responds to her)

Nuts (the discovery of trauma behind a prostitute's life [Barbara Streisand])

Sybil (A deeply wounded and dissociated woman [Sally Field] finds healing and integration through a caring psychiatrist [Joanne Woodward] who helps her remember her childhood traumas. Very excellent but can stir up intense emotions for those who are wounded. If you were severely abuse, please watch this with a safe person.)

FAVORITE MUSIC VIDEOS ON YOUTUBE:

Chris Tomlin:

Amazing Grace <http://www.youtube.com/watch?v=Y-4NFvI5U9w&ob=av2n> I love to watch this—the outdoor beauty, the awesome song, the amazing movie clips, the power of the lyrics!

Kari Jobe: “My Beloved” <http://www.youtube.com/watch?v=3c9oi5xNlpo>
“Revelation Song” <http://www.youtube.com/watch?v=bL0nDrEYDnk>

I love to find live worship songs on YouTube for personal worship or to dance.

Songs for Children:

When our children were young, we listened to many tapes by Rob Evans, *The Donut Man*. He played his songs for his five children. Then he recorded the ones they loved the most. We wrote some plays for children around his songs for our musicals in churches. My favorite CDs of his are: *Shout Hosanna* (pre-school, wonderful!), *Bible Friends*, *Bible Tails*, and *Look to the Ant*.

Later, Rob was brought on by *Integrity Music* to put together their children’s music series. These include: *Master Builder*, *Wonderfully Made*, and numerous others found on <http://donutman.com/?page=cds>.

When we used his music at church, the parents loved his songs as much as the children as they are creative, fun, and unique.

He also has various videos for young children.